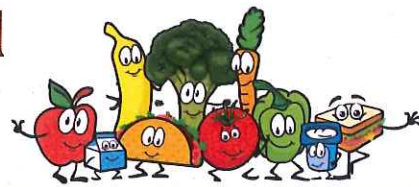


# Twiggs County Middle/High School

## BREAKFAST/LUNCH MENU

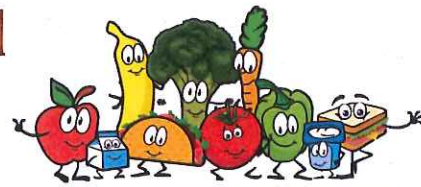
### AUGUST 2021



<p>2-6 Grits and Cereal served daily/Breakfast</p> <p>Daily Choice Entrée/ Lunch</p> <p>Managers Choice Sub Sandwich w/toppings/Chip</p>	<p><b>Mon., August 2</b></p> <p><b>Breakfast</b> Chicken Biscuit w/ Jelly Honey Bun Cheesy Grits</p> <p><b>Lunch</b> Corn Dog Seasoned Fries Seasoned Greens Mixed Fruit/Fruit</p>	<p><b>Tues., August 3</b></p> <p><b>Breakfast</b> Sausage Biscuit w/ Jelly Cereal</p> <p><b>Lunch</b> Chicken Tender w/ Roll Seasoned Rice Sweet Peas Sidekick-Orange Sliced Peaches/Fruit Carrot w/dip</p>	<p><b>Wed., August 4</b></p> <p><b>Breakfast</b> Pancake Stick w/ syrup Blueberry Muffin</p> <p><b>Lunch</b> Hamburger on Bun w/ toppings Potato Tots Steamed Corn Applesauce w/Gelatin/Fruit</p>	<p><b>Thurs., August 5</b></p> <p><b>Breakfast</b> Breakfast Pizza Cereal</p> <p><b>Lunch</b> Teriyaki Chicken w/ Roll Mexican Rice Broccoli w/cheese Sliced Pears / Fruit Carrot w/dip</p> <p>Watermelon</p>	<p><b>Fri., August 6</b></p> <p><b>Breakfast</b> Sausage Biscuit Twin w/ Jelly Super Donut</p> <p><b>Lunch</b> Fish Strip Baked Beans Coleslaw Diced Peaches/ Fruit</p>
<p>9-13 Choice Entrée/Lunch</p> <p>Mangers Choice</p> <p>PB&amp;J Sandwich/ 3 deck/chips</p> <p>Grilled Chicken Salad w/ Roll</p>	<p><b>Mon., August 9</b></p> <p><b>Breakfast</b> Cinnamon French Toast w/ Sausage Patty/ Syrup Glazed Honey Bun</p> <p><b>Lunch</b> Beef Nuggets w/Roll/Sauce Glazed Carrots Creamed Potatoes Diced Peas w/ Cereal</p>	<p><b>Tues., August 10</b></p> <p><b>Breakfast</b> Pancake Bites w/syrup Blueberry Muffin</p> <p><b>Lunch</b> Oven Baked Chicken Steamed Cabbage Mac &amp; Cheese Cornbread Mixed Fruit/Fruit</p>	<p><b>Wed., August 11</b></p> <p><b>Breakfast</b> Sausage Biscuit w/ Jelly Cereal</p> <p><b>Lunch</b> Chicken Sandwich Lett/tomato/pickle Seasoned Fries Baked Beans Carrot w/ dip Sliced Peaches/ Fruit</p>	<p><b>Thurs., August 12</b></p> <p><b>Breakfast</b> Chicken Biscuit w/ jelly Pop Tart</p> <p><b>Lunch</b> Spaghetti w/meat sauce w/Cheesy Breadstick Seasoned Corn Garden Salad w/dressing Applesauce w/ Gelatin/Fruit</p>	<p><b>Fri., August 13</b></p> <p><b>Breakfast</b> Donut Stick w/Graham Cracker Cereal</p> <p><b>Lunch</b> Hot Dog on Bun w/toppings Coleslaw Seasoned Fries Carrot w/dip Sliced Pea</p>
<p>Choice Entr'ee/ Lunch</p> <p>Grilled Chicken Salad w/ Breadstick</p>	<p><b>Mon., August 16</b></p> <p><b>Breakfast</b> Chicken Biscuit Honey Glazed Bun</p> <p><b>Lunch</b> Chicken Nuggets w/sauce Creamed Potatoes Turnips Cornbread Mixed Fruit/Fruit</p>	<p><b>Tues. August 17</b></p> <p><b>Breakfast</b> Sausage Biscuit Cereal</p> <p><b>Lunch</b> Pork Chop w/Roll Broccoli w/ Cheese Glazed Cut Yams Mixed Fruit/Fruit Side Kick-Orange</p>	<p><b>Wed., August 18</b></p> <p>Pancake Stick w/syrup Banana Muffin</p> <p><b>Lunch</b> Cheese Pizza Seasoned Green Beans Garden Salad w/ dressing Sliced Peaches/ Fruit Grape Tomatoes w/dip</p>	<p><b>Thurs., August 19</b></p> <p><b>Breakfast</b> Breakfast Pizza</p> <p><b>Lunch</b> Salisbury Steak w/ gravy &amp; Roll Black eyed Peas Seasoned Rice Sliced Pears/ Fruit Oven Baked Okra</p>	<p><b>Fri. August 20</b></p> <p><b>Breakfast</b> Sausage Biscuit Twin</p> <p><b>Lunch</b> Shrimp Cheesy Grits Cornbread Baked Beans Garden Salad Carrot w/dip</p>
<p>Choice of Entr'ee/ Lunch</p> <p>Mangers Choice</p> <p>3 deck PB&amp;J w/Chips</p> <p>Grilled Chicken Salad</p>	<p><b>Mon., August 23</b></p> <p><b>Breakfast</b> Cinnamon French Toast w/ Sausage Patty /syrup Glazed Honey Bun</p> <p><b>Lunch</b> Chicken Fried Steak w/Roll Sweet Peas Seasoned Rice Diced Peas/ Fruit</p>	<p><b>Tues., August 24</b></p> <p><b>Breakfast</b> Pancake Bites/ Syrup Blueberry Muffin</p> <p><b>Lunch</b> Chicken Fajita Wrap w/toppings Mexicali Corn Black Beans Mixed Fruit/ Fruit</p>	<p><b>Wed., August 25</b></p> <p><b>Breakfast</b> Sausage Biscuit w/ Jelly Cereal</p> <p><b>Lunch</b> Beef Nacho w/ Chips w/ toppings Salsa Mexican Rice Carrot w/dip Sliced Peaches/ Fruit</p>	<p><b>Thurs. August 26</b></p> <p><b>Breakfast</b> Chicken Biscuit w/ jelly Chocolate Muffin</p> <p><b>Lunch</b> Chicken Fried Steak w/ Roll Green Beans Creamed Potatoes</p>	<p><b>Fri. August 27</b></p> <p><b>Breakfast</b> Donut Stick w/ Graham Crackers</p> <p><b>Lunch</b> Hot Dog on Bun Oven Baked Fries Coleslaw Side Kick-Orange</p>
<p><b>Mon. August 30</b></p> <p><b>Breakfast</b> Chicken Biscuit w/ Jelly Honey Glazed Bun</p> <p><b>Lunch</b> Corn Dog Seasoned Fries Seasoned Green Beans Mixed Fruit/Fruit</p>	<p><b>Tues. August 31</b></p> <p><b>Breakfast</b> Sausage Biscuit w/Jelly Cereal</p> <p><b>Lunch</b> Chicken Tender w/Roll/Sauce Seasoned Rice Sweet Peas Side Kick-Orange Sliced Peaches/ Fruit</p>	<p>Milk choice offered daily-Fat free flavored or 1% Low Fat Unflavored milk. The menu is subject to change due to product availability. Choice of fruit daily, veggie dippers and side salad upon availability. Water is available to all students. Students must choose 3 items and at least 1 must be a ½ cup fruit or ½ cup vegetable or both. Chef salads Tuesday –Thursday upon availability. Managers choice Monday through Friday. Grits are served Monday – Thursday. <b>All students eat at no cost to parents. Adult Meals 3.25 and Adult Breakfast 1.75.</b></p>			

# Jeffersonville Elementary School

## BREAKFAST/LUNCH MENU AUGUST 2021



<p>2-6 Grits served Monday- Thursday Daily Choice Entrée / Lunch</p> <p>Grilled Chicken Salad Sub Sandwich /Topping/chip</p>	<p><b>Mon., August 2</b></p> <p><b>Breakfast</b> Chicken Biscuit w/ Jelly Honey Bun</p> <p><b>Lunch</b> Corn Dog Seasoned Fries Seasoned Greens Mixed Fruit/Fruit</p>	<p><b>Tues., August 3</b></p> <p><b>Breakfast</b> Sausage Biscuit w/ Jelly Cereal</p> <p><b>Lunch</b> Chicken Tender w/ Roll Seasoned Rice Sweet Peas Sidekick-Orange Sliced Peaches/Fruit</p>	<p><b>Wed., August 4</b></p> <p><b>Breakfast</b> Pancake Stick w/ syrup Blueberry Muffin</p> <p><b>Lunch</b> Hamburger on Bun w/ toppings Potato Tots Baked Beans Carrot w/dip Applesauce w/Gelatin/Fruit</p>	<p><b>Thurs., August 5</b></p> <p><b>Breakfast</b> Breakfast Pizza Cereal</p> <p><b>Lunch</b> Teriyaki Chicken w/ Roll Mexican Rice Broccoli w/cheese Sliced Pears / Fruit Watermelon</p>	<p><b>Fri., August 6</b></p> <p><b>Breakfast</b> Sausage Biscuit Twin w/ Jelly Super Donut</p> <p><b>Lunch</b> Calzone Pizza Steamed Corn Diced Peaches/ Fruit</p>
<p>9-13 Choice Entrée/Lunch</p> <p>PB&amp;J Sandwich/ Chip/ String Cheese</p> <p>Grilled Chicken Salad w/ Roll</p>	<p><b>Mon., August 9</b></p> <p><b>Breakfast</b> Cinnamon French Toast w/ Sausage Patty/ Syrup Glazed Honey Bun</p> <p><b>Lunch</b> Beef Nuggets w/Roll/Sauce Glazed Carrots Creamed Potatoes Diced Pears w/ Gelatin</p>	<p><b>Tues., August 10</b></p> <p><b>Breakfast</b> Pancake Bites w/syrup Blueberry Muffin</p> <p><b>Lunch</b> Oven Baked Chicken Steamed Cabbage Mac &amp; Cheese Cornbread Mixed Fruit/Fruit</p>	<p><b>Wed., August 11</b></p> <p><b>Breakfast</b> Sausage Biscuit w/ Jelly Cereal</p> <p><b>Lunch</b> Chicken Sandwich Lett/tomato/pickle Seasoned Fries Baked Beans Carrot w/ dip Sliced Peaches/ Fruit</p>	<p><b>Thurs., August 12</b></p> <p><b>Breakfast</b> Chicken Biscuit w/ jelly Pop Tart</p> <p><b>Lunch</b> Spaghetti w/meat sauce w/Cheesy Breadstick Seasoned Corn Garden Salad w/dressing Applesauce w/ Gelatin/Fruit</p>	<p><b>Fri., August 13</b></p> <p><b>Breakfast</b> Donut Stick w/Graham Cracker Cereal</p> <p><b>Lunch</b> Hot Dog on Bun w/topping Coleslaw Seasoned Fries Sliced Peaches/Fruit</p>
<p>Choice Entrée/ Lunch</p> <p>Grilled Chicken Salad w/ Breadstick</p>	<p><b>Mon., August 16</b></p> <p><b>Breakfast</b> Chicken Biscuit Honey Glazed Bun</p> <p><b>Lunch</b> Chicken Nuggets w/sauce Creamed Potatoes Turnips Cornbread Mixed Fruit/Fruit</p>	<p><b>Tues. August 17</b></p> <p><b>Breakfast</b> Sausage Biscuit Cereal</p> <p><b>Lunch</b> Pork Chop w/Roll Broccoli w/ Cheese Glazed Cut Yams Mixed Fruit/Fruit Side Kick- Orange</p>	<p><b>Wed., August 18</b></p> <p><b>Breakfast</b> Pancake Stick w/syrup Banana Muffin</p> <p><b>Lunch</b> Cheese Pizza Seasoned Corn Garden Salad w/ dressing Sliced Peaches/ Fruit</p>	<p><b>Thurs., August 19</b></p> <p><b>Breakfast</b> Breakfast Pizza Cereal</p> <p><b>Lunch</b> Salisbury Steak w/ gravy &amp; Roll Black eyed Peas Seasoned Rice Sliced Pears/ Fruit</p>	<p><b>Fri. August 20</b></p> <p><b>Breakfast</b> Sausage Biscuit Twin Super Donut</p> <p><b>Lunch</b> Shrimp Cheesy Grits Cornbread Garden Salad w/ dressing Diced Peaches/ Fruit</p>
<p>Choice of Entrée/ Lunch</p> <p>PB&amp;J w/Chips w/ String Cheese</p> <p>Grilled Chicken Salad w/ Roll</p>	<p><b>Mon., August 23</b></p> <p><b>Breakfast</b> Cinnamon French Toast w/ Sausage Patty/syrup Glazed Honey Bun</p> <p><b>Lunch</b> Chicken Fried Steak w/Roll Sweet Peas Seasoned Rice Diced Pears/ Fruit</p>	<p><b>Tues., August 24</b></p> <p><b>Breakfast</b> Pancake Bites/ Syrup Blueberry Muffin</p> <p><b>Lunch</b> Chicken Fajita Wrap w/toppings Mexicali Corn Black Beans Mixed Fruit/ Fruit</p>	<p><b>Wed., August 25</b></p> <p><b>Breakfast</b> Sausage Biscuit w/ Jelly Cereal</p> <p><b>Lunch</b> Beef Nacho w/ Chips w/ toppings Salsa Mexican Rice Carrot w/dip Sliced Peaches/ Fruit</p>	<p><b>Thurs. August 26</b></p> <p><b>Breakfast</b> Chicken Biscuit w/ jelly Chocolate Muffin</p> <p><b>Lunch</b> Chicken Fried Steak w/ Roll Garden Salad w/ dressing Creamed Potatoes Applesauce w/ Gelatin</p>	<p><b>Fri. August 27</b></p> <p><b>Breakfast</b> Donut Stick w/ Graham Crackers Cereal</p> <p><b>Lunch</b> Hot Dog on Bun Oven Baked Fries Coleslaw Side Kick-Orange Peach Cup/ Fruit</p>
<p><b>Mon. August 30</b></p> <p><b>Breakfast</b> Chicken Biscuit w/ Jelly Honey Glazed Bun</p> <p><b>Lunch</b> Corn Dog Seasoned Fries Seasoned Green Beans Mixed Fruit/Fruit</p>	<p><b>Tues. August 31</b></p> <p><b>Breakfast</b> Sausage Biscuit w/Jelly Cereal</p> <p><b>Lunch</b> Chicken Tender w/Roll/Sauce Seasoned Rice Sweet Peas Side Kick-Orange Sliced Peaches/ Fruit</p>	<p>Milk choice offered daily-Fat free flavored or 1% Low Fat Unflavored milk. The menu is subject to change due to product availability. Choice of fruit daily, veggie dippers and side salad upon availability. Water is available to all students. Students must choose 3 items and at least 1 must be a ½ cup fruit or ½ cup vegetable or both. Chef salads Tuesday – Thursday. Managers choice Monday and Friday. Grits are served Monday – Thursday. <b>All students eat at no cost to parents. Adult Meals 3.25 and Adult Breakfast 1.75.</b></p>			