

Twiggs County High School BREAKFAST/LUNCH MENU January 2022



Mon., January 3	Tues., January 4	Wed., January 5	Thurs., January 6	Fri., January 7
<p>Christmas Holiday</p> <p>School Closed</p>	<p>Professional Learning</p> <p>No Students</p>	<p>Breakfast French Toast/Syrup w/ Sausage Patty or Assorted Cereals Juice or Fruit</p> <p>Lunch Pepperoni Pizza or Cobra Bag Green Beans Corn on the Cob Carrot w/ Dip Choice of Fruit</p>	<p>Breakfast Breakfast Pizza or Assorted Cereals Juice or Fruit</p> <p>Lunch Chicken Teriyaki w/ Roll or Cobra Bag Creamed Potatoes Steamed Broccoli Choice of Fruit</p>	<p>Breakfast Honey Glazed Cinnamon Bun or 2 Grain Muffin Juice or Fruit</p> <p>Lunch Hot Dog on Bun w/Onions or Cobra Bag Coleslaw Baked Beans Potato Tots Choice of Fruit</p>
Mon., January 10	Tues., January 11	Wed., January 12	Thurs. January 13	Fri., January 14
<p>Breakfast Pancake Stick/Syrup or Assorted Cereals Juice or Fruit</p> <p>Lunch Beef Steak Nuggets w/ Roll or Cobra Bag Creamed Potatoes Sweet Peas Choice of Fruit</p>	<p>Breakfast Ham Biscuit w/Jelly or Banana Muffin Juice or Fruit</p> <p>Lunch Chicken Curry Casserole w/ Roll or Cobra Bag Black-eyed-Peas Carrot w/ Dip Choice of Fruit</p>	<p>Breakfast Breakfast Glazed Bites or Assorted Cereals Juice or Fruit</p> <p>Lunch Hamburger or Cheeseburger on Bun L/T/O/P Seasoned Fries Carrot w/ Dip Choice of Fruit</p>	<p>Breakfast Donut Stix w/Goldfish Crackers or Assorted Cereals Juice or Fruit</p> <p>Lunch Oven Baked Chicken w/ Roll or Cobra Bag Mac & Cheese Steamed Turnips Choice of Fruit</p>	<p>Breakfast Sausage Biscuit Twin/Jelly or Assorted Cereals Juice or Fruit</p> <p>Lunch Chicken Sandwich w/ L/T/P Potato Tots Carrot w/ Dip Choice of Fruit</p>
Mon., January 17	Tues., January 18	Wed., January 19	Thurs., January 20	Fri., January 21
<p>Martin Luther King Jr. Holiday Day</p>	<p>Breakfast Sausage Biscuit/Jelly or Assorted Cereals Juice or Fruit</p> <p>Lunch Spaghetti w/ meat Sauce w/ Garlic Breadstick or Cobra Bag Garden Sajad w/ Ranch Whole Kernel Corn Choice of Fruit</p>	<p>Breakfast Blueberry Bar or Assorted Cereals Juice of Fruit</p> <p>Lunch Chicken Nuggets w/ Roll or Cobra Bag Creamed Potatoes Steamed Broccoli Carrot w/ Dip Fruity Jell-O Choice of Fruit</p>	<p>Breakfast Breakfast Pizza or Assorted Cereals Juice or Fruit</p> <p>Lunch Corn Dog or Cobra Bag Baked Beans Oven Baked Fries Sun Believable Juice Choice of Fruit</p>	<p>Breakfast Glazed Cinnamon Bun or 2 Grain Super Donut Juice or Fruit</p> <p>Lunch Fish & Fries Texas Toast Coleslaw Carrot w/ Ranch Choice of Fruit</p>
Mon., January 24	Tues., January 25	Wed., January 26	Thurs., January 27	Fri., January 28
<p>Breakfast Chicken Biscuit w/ Jelly or Assorted Cereals Juice or Fruit</p> <p>Lunch Chicken Fried Steak w/ Gravy or Cobra Bag Pizza Green Beans Creamed Potatoes Choice of Fruit</p>	<p>Breakfast Sausage Biscuit Twin w/Jelly Assorted Cereals Juice or Fruit</p> <p>Lunch Beef Picadillo w/ Chips or Cobra Bag Black Beans Mexican Rice Carrot w/ Dip Choice of Fruit</p>	<p>Breakfast Breakfast Apple Bites or Assorted Cereals Juice or Fruit</p> <p>Lunch Cheese Grits Sausage Patty Biscuit w/ Jelly Hash Brown Cherry Side Kick Carrot w/ Dip Choice of Fruit</p>	<p>Breakfast Pancake Stick or Assorted Cereals Juice or Fruit</p> <p>Lunch Chicken Dill Nuggets w/ Roll or Cobra Bag Rice Pilaf Steamed Broccoli Choice of Fruit</p>	<p>Breakfast Breakfast Pizza or 2 Grain Cereal Juice or Fruit</p> <p>Lunch Cheese Pizza or Cobra Bag Oven Fries Sun Believable Side Kick Choice of Fruit</p>
Mon., January 31	<p>Milk choice offered daily- Fat Free Flavored or 1% Low Fat Unflavored Milk. Choice of fruit daily, veggie dippers and side salad upon availability. Students must choose 3 items and at least 1 must be a ½ cup fruit or ½ cup vegetable or both. Water is available to all students. The menu is subject to change due to product availability. All Students eat at no cost to parents. Adult Breakfast meal is price \$1.75 and Adult Lunch meal price is \$3.25.</p> <p>“This institution is an equal opportunity provider.”</p>			

JEFFERSONVILLE ELEMENTARY SCHOOL

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<p>Breakfast Blueberry Muffin or Assorted Cereals Juice or Fruit</p> <p>Lunch Fajita Wrap or Tiger Bag L/T/ Cheese/Salsa Mexicali Corn Garden Salad w/Ranch Choice of Fruit</p>				